



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,  
WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE  
HALQ'EMÉYN-SPEAKING COAST SALISH PEOPLES. WE SEEK TO WALK A PATH OF  
RECONCILIATION AND HEALING WITH ALL.

**10 am Eucharist  
Pentecost 4  
6 July 2025**

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*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbook in the pews. The music for the mass setting is in a booklet in the pews.*

# THE GATHERING OF THE COMMUNITY

## *Prelude*

## *Welcome*

### **Gathering Song**

**'Today I Awake'**

*Common Praise 9 (tune Slithers of Gold)*

**Today I awake and God is before me.  
At night, as I dreamt, he summoned the day;  
for God never sleeps, but patterns the morning  
with slithers of gold or glory in grey.**

**Today I arise and Christ is beside me.  
He walked through the dark to scatter new light.  
Yes, Christ is alive, and beckons his people  
to hope and to heal, resist and invite.**

**Today I affirm the Spirit within me  
at worship and work, in struggle and rest.  
The Spirit inspires all life which is changing  
from fearing to faith, from broken to blest.**

**Today I enjoy the Trinity round me,  
above and beneath, before and behind;  
the Maker, the Son, the Spirit together –  
they called me to life and call me their friend.**

## *Greeting*

**Presider:** The grace of our Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you all.

**People:** **And also with you.**

**Presider:** We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

**People:** **May Christ lead us on right pathways as we seek truth and reconciliation in action.**

## ***Young People's Time***

### ***The Collect of the Day***

Presider: Let us pray,

**All:           Healing God,  
                  like your prophet Elisha and the seventy disciples,  
                  make us agents of your transforming power  
                  and heralds of your reign of justice and peace,  
                  so that all may know the wholeness you bring  
                  through Jesus Christ our Lord. Amen.**

## **THE PROCLAMATION OF THE WORD**

### ***The First Reading: 2 Kings 5:1-14***

Reader: A reading from the Second Book of Kings,  
Naaman, commander of the army of the king of Aram, was a great man and in high favour with his master, because by him the LORD had given victory to Aram. The man, though a mighty warrior, suffered from leprosy. <sup>2</sup> Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. <sup>3</sup> She said to her mistress, 'If only my lord were with the prophet who is in Samaria! He would cure him of his leprosy.' <sup>4</sup> So Naaman went in and told his lord just what the girl from the land of Israel had said. <sup>5</sup> And the king of Aram said, 'Go then, and I will send along a letter to the king of Israel.'

He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. <sup>6</sup> He brought the letter to the king of Israel, which read, 'When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his leprosy.' <sup>7</sup> When the king of Israel read the letter, he tore his clothes and said, 'Am I God, to give death or life, that this man sends word to me to cure a man of his leprosy? Just look and see how he is trying to pick a quarrel with me.'

<sup>8</sup> But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, 'Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel.' <sup>9</sup> So Naaman came with his horses and chariots, and halted at the entrance of

Elisha's house. <sup>10</sup> Elisha sent a messenger to him, saying, 'Go, wash in the Jordan seven times, and your flesh shall be restored and you shall be clean.' <sup>11</sup> But Naaman became angry and went away, saying, 'I thought that for me he would surely come out, and stand and call on the name of the LORD his God, and would wave his hand over the spot, and cure the leprosy! <sup>12</sup> Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them, and be clean?' He turned and went away in a rage. <sup>13</sup> But his servants approached and said to him, 'Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, "Wash, and be clean"?' <sup>14</sup> So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean.

Reader: Holy Word, Holy Wisdom.

**All: Thanks be to God.**

### ***The Psalm: 30***

<sup>1</sup> I will exalt you, O Lord, because you have lifted me up \*  
**and have not let my enemies triumph over me.**

<sup>2</sup> O Lord my God, I cried out to you, \*  
**and you restored me to health.**

<sup>3</sup> You brought me up, O Lord, from the dead; \*  
**you restored my life as I was going down to the grave.**

<sup>4</sup> Sing to the Lord, you servants of God; \*  
**give thanks for the remembrance of the holiness of God.**

<sup>5</sup> For the wrath of God endures but the twinkling of an eye, \*  
**the divine favour for a lifetime.**

Weeping may spend the night, \*  
**but joy comes in the morning.**

<sup>6</sup> While I felt secure, I said, \*  
**"I shall never be disturbed.**

<sup>7</sup> Lord, with your favour, you made me as strong as the mountains.” \*  
**Then you hid your face, and I was filled with fear.**

<sup>8</sup> I cried to you, O Lord; \*  
**I pleaded with you, saying,**

<sup>9</sup> “What profit is there in my blood, if I go down to the pit? \*  
**Will the dust praise you or declare your faithfulness?**

<sup>10</sup> Hear, O Lord, and have mercy upon me; \*  
**O Lord, be my helper.”**

<sup>11</sup> You have turned my wailing into dancing; \*  
**you have put off my sack-cloth and clothed me with joy.**

<sup>12</sup> Therefore my heart sings to you without ceasing; \*  
**O Lord my God, I will give you thanks for ever.**

### ***The Second Reading: Galatians 6:7-16***

Reader: A reading from Paul’s Letter to the Galatians,

<sup>7</sup> Do not be deceived; God is not mocked, for you reap whatever you sow. <sup>8</sup> If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. <sup>9</sup> So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up. <sup>10</sup> So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

<sup>11</sup> See what large letters I make when I am writing in my own hand! <sup>12</sup> It is those who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. <sup>13</sup> Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. <sup>14</sup> May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. <sup>15</sup> For neither circumcision nor uncircumcision is anything; but a new creation is everything! <sup>16</sup> As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God.

Reader: Holy Word, Holy Wisdom.

**All: Thanks be to God.**

Gospel Song  
'O Healing River'  
*Common Praise 578 (tune Healing River)*

**O healing river, send down your waters,  
Send down your waters upon this land.  
O healing river, send down your waters,  
And wash the blood from off of the sand.**

**This land is parching, this land is burning,  
No seed is growing in the barren ground.  
O healing river, send down your waters,  
O healing river, send your waters down.**

**Let the seed of freedom awake and flourish,  
Let the deep roots nourish, let the tall stalks rise.  
O healing river, send down your waters,  
O healing river, from out of the skies.**

***The Gospel: Luke 10:1-11 & 16-20***

**Reader:** The Lord be with you.

**All:** **And also with you.**

**Reader:** The Holy Gospel of our Lord Jesus Christ according to Luke.

**All:** **Glory to you, Lord Jesus Christ.**

After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. <sup>2</sup> He said to them, 'The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest. <sup>3</sup> Go on your way. See, I am sending you out like lambs into the midst of wolves. <sup>4</sup> Carry no purse, no bag, no sandals; and greet no one on the road. <sup>5</sup> Whatever house you enter, first say, "Peace to this house!" <sup>6</sup> And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. <sup>7</sup> Remain in the same house, eating and drinking whatever they provide, for the labourer deserves to be paid. Do not move about from house to house. <sup>8</sup> Whenever you enter a town and its people welcome you, eat what is set before you; <sup>9</sup> cure the sick who are there, and say to them, "The kingdom of God has come near to you." <sup>10</sup> But whenever you enter a town and they do not welcome you, go out into its streets and say, <sup>11</sup> "Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near."

<sup>16</sup> ‘Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me.’ <sup>17</sup> The seventy returned with joy, saying, ‘Lord, in your name even the demons submit to us!’ <sup>18</sup> He said to them, ‘I watched Satan fall from heaven like a flash of lightning. <sup>19</sup> See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. <sup>20</sup> Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven.’

Reader: The Gospel of Christ.

**All: Praise to you, Lord Jesus Christ.**

## ***Sermon***

The Rev. Michael Deck

## ***The Prayers of the People***

Leader: In peace let us pray to the Lord, saying, “Lord, have mercy.”  
For peace from on high and for our salvation, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For the peace of the whole world, for the welfare of the holy Church of God, and for the unity of all, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For our archbishop John, for Benny the bishop of our companion Diocese of Northern Philippines, and for all the clergy and people, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For the leaders of the nations, and for all in authority, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For New Westminster, for every city and community, and for those who live in them in faith, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For good weather, and for abundant harvests for all to share, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For those who travel by land, water, or air, for the sick and the suffering, especially those we name silently or aloud at this time...  
... for prisoners and captives, and for their safety, health, and salvation, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For our deliverance from all affliction, strife, and need, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For the absolution and remission of our sins and offences, let us pray to the Lord.

**All: Lord, have mercy.**

Leader: For all who have died (especially . . . ), let us pray to the Lord.

**All: Lord, have mercy.**

Leader: Remembering all the saints, we commit ourselves, one another, and our whole life to Christ our God.

**All: To you, O Lord.**

### ***The Exchange of the Peace***

Presider: May the peace of the Lord be always with you.

**All: And also with you.**

*You are invited to share a sign of God's peace with your neighbours, respecting their comfort with distance and touch.*

## **THE HOLY COMMUNION**

### ***Offering Song***

**'Healer of our Every Ill'**

*Common Praise 612 (tune Healer)*

**Refrain** *Healer of our ev'ry ill,  
light of each tomorrow,  
give us peace beyond our fear,  
and hope beyond our sorrow.*

**You who know our fears and sadness,  
grace us with your peace and gladness,  
Spirit of all comfort: fill our hearts.**

***Refrain***

**In the pain and joy beholding  
how your grace is still unfolding,  
give us all your vision: God of love.**

***Refrain***

**Give us strength to love each other,  
every sister, every brother,  
Spirit of all kindness: be our guide.**

***Refrain***

**You who know each thought and feeling,  
teach us all your way of healing,  
Spirit of compassion: fill each heart.**

***Refrain***

### ***The Prayer over the Gifts***

Presider: Let us pray,

**All: God of heaven and earth, receive our sacrifice of praise,  
And strengthen us for the perfect freedom of your service,  
Through our Saviour, Jesus Christ. Amen.**

### ***The Great Thanksgiving***

***EP 4***

#### ***‘Sursum Corda’***

*(‘Now the Feast and Celebration’ pew insert p.11)*

Presider: The Lord be with you.

**People: And also with you.**

Presider: Lift up your hearts.

**People: We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

**People: It is right to give our thanks and praise.**

Presider: It is right to give you thanks and praise, O Lord, our God, sustainer of the universe, you are worthy of glory and praise.

**All: Glory to you for ever and ever.**

Presider: At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home; by your will they were created and have their being.

**All: Glory to you for ever and ever.**

Presider: From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill; you made us the stewards of creation.

**All: Glory to you for ever and ever.**

Presider: But we turn against you, and betray your trust; and we turn against one another. Again and again you call us to return. Through the prophets and sages you reveal your righteous law. In the fullness of time you sent your Son, born of a woman, to be our Saviour. He was wounded for our transgressions, and bruised for our iniquities. By his death he opened to us the way of freedom and peace.

**All: Glory to you for ever and ever.**

Presider: Therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

### **Sanctus**

*(‘Now the Feast and Celebration’ pew insert p.11)*

**All: Holy, holy, holy are you,  
God of power and might.  
Heaven and earth are filled with your glory,  
Hosanna in the highest!  
Blessed is the One who comes in your name.  
Hosanna in the highest! Hosanna in the highest!**

Presider: Blessed are you, Lord our God, for sending us Jesus, the Christ, who on the night he was handed over to suffering and death, took bread, said the blessing, broke the bread, gave it to his friends, and said, “Take this, and eat it: this is my body which is given for you. Do this for the remembrance of me.” In the same way, after supper, he took the cup of wine; he gave you thanks, and said, “Drink this, all of you: this is my blood of the new covenant, which is shed for you for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

**All: Glory to you for ever and ever.**

Presider: Gracious God, we recall the death of your Son Jesus Christ, we proclaim his resurrection and ascension, and we look with expectation for his coming as Lord of all the nations. We who have been redeemed by him, and made a new people by water and the Spirit, now bring you these gifts. Send your Holy Spirit upon us and upon this offering of your Church, that we who eat and drink at this holy table may share the divine life of Christ our Lord.

**All: Glory to you for ever and ever.**

Presider: Pour out your Spirit upon the whole earth and make it your new creation. Gather your Church together from the ends of the earth into your kingdom, where peace and justice are revealed, that we, with all your people, of every language, race, and nation, may share the banquet you have promised; through Christ, with Christ, and in Christ, all honour and glory are yours, creator of all.

**All: Glory to you for ever and ever. Amen.**

### ***The Lord's Prayer***

Presider: In the language closest to your heart, let us pray as Jesus taught us:

*You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.*

**Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us today our daily bread.  
Forgive us our trespasses  
as we forgive those who  
trespass against us.  
Lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory  
for ever and ever. Amen.**

**Our Father in heaven,  
Hallowed be your name.  
Your kingdom come,  
Your will be done  
on earth as in heaven.  
Give us this day our daily bread.  
Forgive us our sins,  
As we forgive those who  
sin against us.  
Save us from the time of trial  
and deliver us from evil,  
for the kingdom, the power,  
and the glory are yours  
now and forever. Amen**

## **The Fraction Anthem**

*(‘Now the Feast and Celebration’ pew insert p.14)*

**Lamb of God, you take away the sin of the world:  
Have mercy on us, mercy on us, mercy on us.**

**Lamb of God, you break the chain of hatred and fear:  
Have mercy on us, mercy on us, mercy on us.**

**Lamb of God, you are the way of justice and peace:  
Have mercy on us, mercy on us, mercy on us.**

**Lamb of God, you are the way of mercy and love:  
Have mercy on us, mercy on us, mercy on us.**

**Lamb of God, you take away the sins of the world:  
Grant us peace, grant us peace, grant us peace.**

**Presider:** Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God’s wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

**People:** **Thanks be to God.**

## ***The Communion***

*You are invited to come forward to receive bread and wine. Gluten-free wafers are available. You receive the fullness of Christ’s love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.*

## **During Communion**

**‘May the Spirit of Christ’**

*Common Praise 483 (tune Song of St. Patrick)*

**Refrain:** **May the Spirit of Christ be our hope through the day,  
Be our guard through the night,  
Our companion on the way.**

Christ be ever before us,  
Christ be ever behind us,  
Christ be ever within. *Refrain*

Christ be on our left hand watching,  
At our right hand guiding;  
Christ above, beneath us guarding,  
Near to us abiding. *Refrain*

Christ be in each holy silence,  
Christ be in our speaking,  
Christ in every work we offer,  
Ever in our seeking. *Refrain*

Let us be God's light in the darkness,  
Let us be God's kindness,  
Let us be God's justice and mercy,  
Hands and feet of Christ. *Refrain*

God Creator, bless and keep us,  
Christ be ever near us,  
Spirit be the light before us:  
Gentle be our pathway. *Refrain*

Anthem  
'Seekers of Your Heart'  
Renew #222

## THE SENDING FORTH OF THE COMMUNITY

### *The Prayers after Communion*

Presider: Let us pray:

All: O God,  
may we who have shared in holy things  
never fail to serve you in your world,  
and so come to the fullness of joy,  
in the name of Jesus Christ our Lord. Amen.

Presider: Glory to God,

**All: Whose power, working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus, now and forever. Amen.**

## ***The Announcements***

### **Sending Song**

**'More Than We Can Ask or Imagine'**  
*Common Praise 86 (tune Winepress)*

**More than we can ask or imagine,  
more than we can ever dare to dream,  
we are children of heaven's creation,  
God's own beloved, each called by name.  
And we cry, Glory! (Glory!) Glory! (Glory!)  
Glory to God who calls us by name!  
Glory! (Glory!) Glory! (Glory!)  
Glory to God! Glory we sing!**

**More than we will ever imagine,  
more than we will ever understand;  
we are sent to walk with compassion,  
to live out God's love by heart and by hand.  
And we cry, Glory! (Glory!) Glory! (Glory!)  
Glory to God who presses us on!  
Glory! (Glory!) Glory! (Glory!)  
Glory in God! Glory our song.**

**More than we can ask or imagine,  
more than we could ever desire;  
out of the dust God's building a kingdom,  
like wine from the press, like bread from the fire.  
And we cry, Glory! (Glory!) Glory! (Glory!)  
Glory to God! Glory we cry!  
Glory! (Glory!) Glory! (Glory!)**

Glory on earth, Glory on high!  
Glory! (Glory!) Glory! (Glory!)  
Glory to God! Glory we cry!  
Glory! (Glory!) Glory! (Glory!)  
Glory on earth! Glory on high!  
Glory on earth! Glory on high!

## **The Dismissal**

Presider: Go in peace to love and serve the Lord.

**All: Thanks be to God.**

## ***Postlude***



## **Liturgical Ministers today**

Greeter & worship assistant, 8:00 am:	Brian Dobbin
Greeters, 10 am:	Susan Switch & Gerry Stensgaard
Reader:	Rob Smith
Chalice Administrators:	Susan Stensgaard & Rob Sider
Presider & Preacher:	The Rev. Michael Deck
Server:	Greg Kennelly
Crucifer:	Linda Gravlin
Music Director:	Kyumin Lee

## **THIS WEEK AT HOLY TRINITY CATHEDRAL**

**Wednesday Midweek Eucharist, 9:30-10 am\***

**Wednesday Fellowship Time, 10-10:30 am in the Lounge**

**Thursday Vespers, 5:30-6 pm via Zoom+**

**Saturday Community Brunch, 11 am- noon in the Hall**

**Sunday BCP Eucharist, 8-9 am.\***

**Sunday Choral Eucharist, 10-11:15 am.\***

*\*live-streamed over Facebook.*

*+ link through the weekly newsletter. Sign up on the website.*

*Go to <https://www.holytrinitycathedral.ca/events>.*

*Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.*

### **Next week's Readings for Pentecost 5, July 13, 2025:**

**Amos 7:7-17; Psalm 82; Colossians 1:1-14; Luke 10:25-37**