

**December 10, 2025**  
**9:30 am Wednesday Eucharist**

## **THE GATHERING OF THE COMMUNITY**

Presider: The grace of our Lord Jesus Christ, and the love of God,  
and the communion of the Holy Spirit be with you all.

**All: And also with you.**

Presider: We gather here from many places on land that is the  
traditional and unsundered territory of the Halq'emeyn-  
speaking Coast Salish peoples.

**All: May Christ lead us on right pathways as we seek truth  
and reconciliation in action.**

Presider: Let us pray,

**All: Almighty God,  
Who sent your servant John the Baptist  
to prepare your people to welcome the Messiah,  
Inspire us, the ministers and stewards of your truth,  
to turn our disobedient hearts to you,  
that when the Christ shall come again to be our judge,  
we may stand with confidence before his glory;  
Who is alive and reigns with you and the Holy Spirit,  
One God, now and for ever. Amen.**

## **THE PROCLAMATION OF THE WORD**

### ***The First Reading: Isaiah 40:25-31***

Reader: A reading from the prophet Isaiah,

<sup>25</sup> To whom then will you compare me, or who is my equal? says the Holy One. <sup>26</sup> Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing.

<sup>27</sup> Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the LORD, and my right is disregarded by my God'? <sup>28</sup> Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. <sup>29</sup> He gives power to the faint, and strengthens the powerless. <sup>30</sup> Even youths will faint and be weary, and the young will fall exhausted; <sup>31</sup> but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Holy Word, Holy Wisdom.

**All: Thanks be to God.**

***Psalm 103:1-10***

<sup>1</sup> Bless the Lord, O my soul, \*  
**and all that is within me, bless God's holy name.**

<sup>2</sup> Bless the Lord, O my soul, \*  
**and forget not all the benefits of the Lord.**

<sup>3</sup> The Lord forgives all your sins \*  
**and heals all your infirmities;**

<sup>4</sup> redeeming your life from the grave \*  
**and crowning you with mercy and loving-kindness;**

<sup>5</sup> satisfying you with good things, \*  
**and renewing your youth like an eagle's.**

<sup>6</sup> The Lord executes righteousness \*  
**and judgement for all who are oppressed.**

<sup>7</sup> O Lord, you made your ways known to Moses \*  
**and your works to the children of Israel.**

<sup>8</sup> You are full of compassion and mercy, \*  
**slow to anger and of great kindness.**

<sup>9</sup> You will not always accuse us, \*  
**nor will you keep your anger for ever.**

<sup>10</sup> You have not dealt with us according to our sins, \*  
**nor rewarded us according to our wickedness.**

### ***The Gospel: Matthew 11:28-30***

Reader: The Lord be with you.

**All: And also with you.**

Reader: The Gospel of our Lord Jesus Christ according to Matthew.

**All: Glory to you Lord, Jesus Christ.**

<sup>28</sup> 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. <sup>29</sup> Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy, and my burden is light.'

The Gospel of Christ.

**All: Praise to you, Lord Jesus Christ.**

### ***Reflection***

#### **THE PRAYERS OF THE COMMUNITY**

*A member of the community leads us in offering our concerns and thanksgivings to God.*

### ***The Exchange of the Peace***

Presider: May the peace of the Lord be always with you.

**All: And also with you.**

*You are invited to share a sign of God's peace with your neighbours, respecting their comfort with touch.*

## THE HOLY COMMUNION

### *Prayer over the Gifts*

Presider: Let us pray.

**All: God our strength,  
we are nothing without you.  
Receive all we offer you this day,  
as you sustain us with your mercy,  
in the name of Jesus Christ our Lord. Amen.**

### *the Great Thanksgiving*

*EP 2*

Presider: The Lord be with you.

**All: And also with you.**

Presider: Lift up your hearts.

**All: We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

**All: It is right to give our thanks and praise.**

Presider: We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things. By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, God, the Father and Mother of all. In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people. He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name:

**All: Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

Presider: Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me." Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you. We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ. All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and forever.

**All: Amen.**

### ***The Lord's Prayer***

In the language closest to your heart, let us pray as Jesus taught us:

*(please use the traditional version or another language  
you use for prayer if you desire)*

**All: Our Father in heaven, hallowed be your name.**

**Your kingdom come, your will be done,  
on earth as in heaven.**

**Give us today our daily bread. Forgive us our sins,  
as we forgive those who sin against us.**

**Save us from the time of trial, and deliver us from evil.**

**For the kingdom, the power and glory are yours  
now and for ever. Amen.**

## ***The Breaking of the Bread***

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

**People: Thanks be to God.**

*All who are drawn to Christ are welcome at this table. Bread and wine are shared, but receiving in one kind carries the fullness of Christ's presence. You may also come forward for a blessing instead.*

## ***Prayer after Communion***

Presider: Let us pray,

**All: Glory to God, whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, now and forever. Amen.**

## ***The Dismissal***

Presider: Go in peace to love and serve the Lord.

**All: Thanks be to God.**

### **Next week's Readings for Advent 3**

Isaiah 35:1-10; Canticle 18 (Luke 1:47-55); James 5:7-10;  
Matthew 11:2-11



## **COMING UP AT HTC**

**Monday, December 15, 6:00 – 9:00 PM**

Christmas Movie Night in the Lounge

**Sunday, December 21, 3:00-5:00 pm**

A New Westminster Christmas

*Featuring the Holy Trinity Cathedral Choir, the Royal Westminster Regimental Band, and guest artist Benjamin Sigerson on piano.*

**Wednesday, December 24, 4:00-5:00 PM**

Christmas Eve Family Service

**Wednesday, December 24, 7:30 – 9:00 PM**

Christmas Eve Choral Service

**Thursday, December 25, 10:00-11:00 AM**

Christmas Day Service





## THIS WEEK AT HOLY TRINITY CATHEDRAL

### **Thursday**

Vespers 5:30-6 pm online by Zoom

### **Saturday**

Community Brunch, 11 am-noon

### **Sunday**

BCP Eucharist, 8-9 am. \*

Choral Eucharist, 10-11:15 am

### **Monday**

Family Film Night, 6-9 pm in the Lounge

### **Tuesday**

'Searching for Emmanuel' Advent Series, 7-8:15 pm by Zoom

### **Wednesday**

Midweek Eucharist, 9:30-10 am\*

Coffee & Fellowship, 10-10:30 am

Bible Study, 10:30-11:30 am

+ link available by signing up for the weekly newsletter on  
[www.holytrinitycathedral.ca](http://www.holytrinitycathedral.ca)

*\*live-streamed over Facebook. You can also find the service feed  
through the event heading at [www.holytrinitycathedral.ca](http://www.holytrinitycathedral.ca)*

### **TO CONTACT THE PARISH OFFICE:**

email [administrator@holytrinitycathedral.ca](mailto:administrator@holytrinitycathedral.ca)

514 Carnarvon, New Westminster or phone 604-521-2511

email the Rev. Stephanie Shepard [stephanie@holytrinitycathedral.ca](mailto:stephanie@holytrinitycathedral.ca)