

March 11, 2026
9:30 am Wednesday Eucharist

THE GATHERING OF THE COMMUNITY

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

All: And also with you.

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

All: May Christ lead us on right pathways as we seek truth and reconciliation in action.

Presider: Let us pray,

**All: Lord of the wellspring,
source of life and truth:
give us the courage of the Samaritan woman,
so that we may receive living water,
and worship you in spirit and in truth;
through Jesus Christ
who quenches our thirst with eternal life. Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Deuteronomy 4:1, 5-10

Reader: A reading from the book of Deuteronomy,

So now, Israel, give heed to the statutes and ordinances that I am teaching you to observe, so that you may live to enter and occupy the land that the LORD, the God of your ancestors, is giving you. ⁵ See, just as the LORD my God has charged me, I now teach you statutes and ordinances for you to observe in the land that you are about to enter and occupy. ⁶ You must observe them diligently, for this will show your

wisdom and discernment to the peoples, who, when they hear all these statutes, will say, 'Surely this great nation is a wise and discerning people!' ⁷ For what other great nation has a god so near to it as the LORD our God is whenever we call to him? ⁸ And what other great nation has statutes and ordinances as just as this entire law that I am setting before you today?

⁹ But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children— ¹⁰ how you once stood before the LORD your God at Horeb, when the LORD said to me, 'Assemble the people for me, and I will let them hear my words, so that they may learn to fear me as long as they live on the earth, and may teach their children to do so';

Holy Word, Holy Wisdom.

All: Thanks be to God.

Psalm 147:12-20

¹² Worship the Lord, O Jerusalem; *
praise your God, O Zion,

¹³ who has strengthened the bars of your gates, *
who has blessed your children within you.

¹⁴ For the Lord has established peace on your borders *
and satisfies you with the finest wheat.

¹⁵ The Lord sends out a command to the earth, *
and this word runs very swiftly.

¹⁶ The Lord gives snow like wool *
and scatters hoarfrost like ashes

¹⁷ and hail like bread-crumbs; *
who can stand against such cold?

¹⁸ The Lord sends forth the word and melts them, *
blowing with the wind and the waters flow.

¹⁹ The Lord declares the word to Jacob, *
statutes and judgements to Israel.

²⁰ The Lord has not done so to any other nation; *
to them these judgements have not been revealed. Hallelujah!

The Gospel: Matthew 5:17-20

Reader: The Lord be with you.

All: And also with you.

Reader: The Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you Lord, Jesus Christ.

¹⁷ 'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. ¹⁸ For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. ¹⁹ Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. ²⁰ For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Reflection

THE PRAYERS OF THE COMMUNITY

A member of the community leads us in offering our concerns and thanksgivings to God.

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

You are invited to share a sign of God's peace with your neighbours, respecting their comfort with touch.

THE HOLY COMMUNION

Prayer over the Gifts

Presider: Let us pray.

All: Searcher of every human heart, behold in your mercy the offering which we now prepare, and conform our lives to the sacrifice of your Son, who dwells with you and the Holy Spirit in the habitation of eternal light. Amen.

the Great Thanksgiving

ELW V

Presider: The Lord be with you.

All: And also with you.

Presider: Lift up your hearts.

All: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Presider: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Saviour Jesus Christ. You call your people to cleanse their hearts and prepare with joy for the paschal feast, that renewed in the gift of baptism, we may come to the fullness of your grace. And so, with choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

**All: Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest.**

Presider: Holy, mighty, and merciful Lord, heaven and earth are full of your glory. In great love you sent to us Jesus, your Son, who reached out to heal the sick and the suffering, who preached good news to the poor, and who, on the cross, opened his arms to all.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: take and eat; this is my body, given for you. Do this for the remembrance of me. Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying; This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

Remembering, therefore, his death, resurrection, and ascension, we await his coming in glory. Pour out upon us the Spirit of your love, O Lord, and unite the wills of all who share in this heavenly food, the body and blood of Jesus Christ our Lord; to who, with you and the Holy Spirit, be all glory and honour, now and forever.

All: Amen.

The Lord's Prayer

In the language closest to your heart, let us pray as Jesus taught us:
*(please use the traditional version or another language
you use for prayer if you desire)*

**All: Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread. Forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power and glory are yours
now and for ever. Amen.**

The Breaking of the Bread

Presider: Dear friends in Christ, God bids you welcome to this table.
Here we are strengthened for the journey. Here strangers
become friends and the seeker finds God's wisdom speaking
to them. See who you are and become what you see.
These are the gifts of God for the people of God.

People: Thanks be to God.

*All who are drawn to Christ are welcome at this table. Bread and wine
are shared, but receiving in one kind carries the fullness of Christ's
presence. You may also come forward for a blessing instead.*

Prayer after Communion

Presider: Let us pray,

**All: Grant us, Eternal God, in company with John and Charles
Wesley, so to be quickened by the mystery of this table
that we may be true ministers of your love and faithful
stewards of your justice. We ask this through Jesus
Christ our Lord. Amen.**

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: Thanks be to God.

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| <p>Sunday's Readings for Lent 4, March 15, 2026</p> |
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| <p>1 Samuel 16:1-13; Psalm 23; Ephesians 5:8-14; John 9:1-41</p> |
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THIS WEEK AT HOLY TRINITY CATHEDRAL

Thursday March 12

Vespers 5:30-6 pm online by Zoom+

Saturday March 14

Community Brunch, 11 am-noon

Sunday March 15

BCP Eucharist, 8-9 am. *

Choral Eucharist, 10-11:15 am*

Wednesday March 18

Midweek Eucharist 9:30-10 am

Followed by Bible Study 10:30-11:30 am in Lounge

Parish Council Meeting 6:30-8 pm by Zoom

+ link available by signing up for the weekly newsletter on

www.holytrinitycathedral.ca

**live-streamed over Facebook. You can also find the service feed through the event heading at www.holytrinitycathedral.ca*

TO CONTACT THE PARISH OFFICE:

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HOLY WEEK IN NEW WESTMINSTER

Thursday April 2, 7:00 pm

Maundy Thursday supper and service at St. Barnabas

Friday April 3, 10:30-11:45 am

Good Friday service at Holy Trinity Cathedral

Friday April 3, 12 noon to 1 pm

"Cross Walk" Stations of the Cross around New Westminster,
beginning and ending at HTC

Saturday April 4, 7 pm

Easter Vigil service at St. Mary, Sapperton

Sunday April 5

Easter Sunday at Holy Trinity Cathedral!

7:30 am Lighting of the Easter Fire

8 am Traditional Easter Eucharist

9 am Light Easter Breakfast in the Lounge

10 am Choral Easter Eucharist

11:30 am Easter Egg Hunt for younger folk

