



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,
WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE
HALQ'EMEYN-SPEAKING COAST SALISH PEOPLES, INCLUDING BUT NOT LIMITED TO
THE QAYQAYT, MUSQUEAM, KWITWETLEM, KWANTLEN, TSAWWASSEN. AND TSEIL-
WAUTUTH, WE SEEK TO WALK A PATH OF RECONCILIATION & HEALING.

10 am Eucharist
Lent 4
15 March 2026

514 CARNARVON STREET, NEW WESTMINSTER, B.C. V3L 1C4

Phone: 604 521-2511

Office: Weijin Ross

Rector: the Rev. Stephanie Shepard

Website: www.holytrinitycathedral.ca

administrator@holytrinitycathedral.ca

stephanie@holytrinitycathedral.ca

*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbook in the pews.*

THE GATHERING OF THE COMMUNITY

Prelude

Welcome

Gathering Hymn

'Hail to the Lord's Anointed'

Common Praise 101 (tune Crüger)

**Hail to the Lord's anointed, great David's greater Son!
Hail, in the time appointed, his reign on earth begun!
He comes to break oppression, to set the captives free,
To take away transgression, and rule in equity.**

**He shall come down like showers upon the fruitful earth,
And love, joy, hope, like flowers, spring in his path to birth.
Before him on the mountains shall peace the herald go,
And righteousness in fountains from hill to valley flow.**

**Kings shall fall down before him, and gold and incense bring;
All nations shall adore him, his praise all people sing.
To him shall prayer unceasing and daily vows ascend,
His kingdom still increasing, a kingdom without end.**

**O'er every foe victorious, he on his throne shall rest,
From age to age more glorious, all blessing and all blest.
The tide of time shall never his covenant remove.
His name shall stand forever: that name to us is Love.**

Greeting

Presider: The grace of our Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you all.

People: **And also with you.**

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

People: **May Christ lead us on right pathways as we seek truth and reconciliation in action.**

Silence is kept for us to confess our brokenness and need for healing

Kyrie (sung 3 times through)
Common Praise 678 (Merbecke)

**Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.**

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All: Amen.

Young People's Time

The Collect of the Day

Presider: Let us pray,

**All: Holy God,
in Jesus Christ you reveal yourself to the world,
even when we are blind to your grace.
Open our eyes to see your transforming love in our midst,
so that we may see your world anew;
through Jesus Christ, the saviour who shows compassion.
Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: 1 Samuel 16:1-13

Reader: A reading from the First Book of Samuel,

The LORD said to Samuel, 'How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.' ² Samuel said, 'How can I go? If Saul hears of it, he will kill me.' And the LORD said, 'Take a heifer with you, and say, "I have come to sacrifice to the LORD." ³ Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.' ⁴ Samuel did what the LORD commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, 'Do you come peaceably?' ⁵ He said, 'Peaceably; I

have come to sacrifice to the LORD; sanctify yourselves and come with me to the sacrifice.' And he sanctified Jesse and his sons and invited them to the sacrifice.

⁶When they came, he looked on Eliab and thought, 'Surely the LORD's anointed is now before the LORD.' ⁷But the LORD said to Samuel, 'Do not look on his appearance or on the height of his stature, because I have rejected him; for the LORD does not see as mortals see; they look on the outward appearance, but the LORD looks on the heart.' ⁸Then Jesse called Abinadab, and made him pass before Samuel. He said, 'Neither has the LORD chosen this one.' ⁹Then Jesse made Shammah pass by. And he said, 'Neither has the LORD chosen this one.'

¹⁰Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, 'The LORD has not chosen any of these.'

¹¹Samuel said to Jesse, 'Are all your sons here?' And he said, 'There remains yet the youngest, but he is keeping the sheep.' And Samuel said to Jesse, 'Send and bring him; for we will not sit down until he comes here.' ¹²He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The LORD said, 'Rise and anoint him; for this is the one.' ¹³Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the LORD came mightily upon David from that day forward. Samuel then set out and went to Ramah.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

The Psalm: 23

'The Lord's My Shepherd'
Common Praise 519 (tune Crimond)

**The Lord's my Shepherd, I'll not want.
He makes me down to lie
In pastures green; He leadeth me
The quiet waters by.**

**My soul He doth restore again;
And me to walk doth make
Within the paths of righteousness,
Even for His own Name's sake.**

**Yea, though I walk in death's dark vale,
Yet will I fear no ill;
For Thou art with me; and Thy rod
And staff me comfort still.**

**My table Thou hast furnishèd
In presence of my foes;
My head Thou dost with oil anoint,
And my cup overflows.**

**Goodness and mercy all my life
Shall surely follow me;
And in God's house forevermore
My dwelling place shall be.**

The Second Reading: Ephesians 5:8-14

Reader: A reading from the Letter to the Ephesians,

⁸For once you were darkness, but now in the Lord you are light. Live as children of light— ⁹for the fruit of the light is found in all that is good and right and true. ¹⁰Try to find out what is pleasing to the Lord. ¹¹Take no part in the unfruitful works of darkness but instead expose them. ¹²For it is shameful even to mention what such people do secretly; ¹³but everything exposed by the light becomes visible, ¹⁴for everything that becomes visible is light. Therefore it says, 'Sleeper, awake! Rise from the dead, and Christ will shine on you.'

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Gospel Hymn

'I Want Jesus to Walk With Me'

Common Praise 512 (tune Sojourner)

**I want Jesus to walk with me.
I want Jesus to walk with me.
All along my pilgrim journey,
Lord, I want Jesus to walk with me.**

**In my trials, Lord, walk with me.
In my trials, Lord, walk with me.
When my heart is almost breaking,
Lord, I want Jesus to walk with me.**

The Gospel: John 9:1-41

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to John.

All: Glory to you, Lord Jesus Christ.

As he walked along, Jesus saw a man blind from birth. ² His disciples asked him, 'Rabbi, who sinned, this man or his parents, that he was born blind?' ³ Jesus answered, 'Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. ⁴ We must work the works of him who sent me^[b] while it is day; night is coming when no one can work. ⁵ As long as I am in the world, I am the light of the world.' ⁶ When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, ⁷ saying to him, 'Go, wash in the pool of Siloam' (which means Sent). Then he went and washed and came back able to see. ⁸ The neighbours and those who had seen him before as a beggar began to ask, 'Is this not the man who used to sit and beg?' ⁹ Some were saying, 'It is he.' Others were saying, 'No, but it is someone like him.' He kept saying, 'I am the man.' ¹⁰ But they kept asking him, 'Then how were your eyes opened?' ¹¹ He answered, 'The man called Jesus made mud, spread it on my eyes, and said to me, "Go to Siloam and wash." Then I went and washed and received my sight.' ¹² They said to him, 'Where is he?' He said, 'I do not know.'

¹³ They brought to the Pharisees the man who had formerly been blind. ¹⁴ Now it was a sabbath day when Jesus made the mud and opened his eyes. ¹⁵ Then the Pharisees also began to ask him how he had received his sight. He said to them, 'He put mud on my eyes. Then I washed, and now I see.' ¹⁶ Some of the Pharisees said, 'This man is not from God, for he does not observe the sabbath.' But others said, 'How can a man who is a sinner perform such signs?' And they were divided. ¹⁷ So they said again to the blind man, 'What do you say about him? It was your eyes he opened.' He said, 'He is a prophet.'

¹⁸ The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight ¹⁹ and asked them, 'Is this your son, who you say was born blind? How then does he now see?' ²⁰ His parents answered, 'We know that this is our son, and that he was born blind; ²¹ but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.' ²² His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. ²³ Therefore his parents said, 'He is of age; ask him.'

²⁴ So for the second time they called the man who had been blind, and they said to him, 'Give glory to God! We know that this man is a sinner.' ²⁵ He answered, 'I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see.' ²⁶ They said to him, 'What did he do to you? How did he open your eyes?' ²⁷ He answered them, 'I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?' ²⁸ Then they reviled him, saying, 'You are his disciple, but we are disciples of Moses. ²⁹ We know that God has spoken to Moses, but as for this man, we do not know where he comes from.' ³⁰ The man answered, 'Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. ³¹ We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. ³² Never since the world began has it been heard that anyone opened the eyes of a person born blind. ³³ If this man were not from God, he could do nothing.' ³⁴ They answered him, 'You were born entirely in sins, and are you trying to teach us?' And they drove him out.

³⁵ Jesus heard that they had driven him out, and when he found him, he said, 'Do you believe in the Son of Man?' ³⁶ He answered, 'And who is he, sir? Tell me, so that I may believe in him.' ³⁷ Jesus said to him, 'You have seen him, and the one speaking with you is he.' ³⁸ He said, 'Lord, I believe.' And he worshipped him. ³⁹ Jesus said, 'I came into this world for judgement so that those who do not see may see, and those who do see may become blind.' ⁴⁰ Some of the Pharisees near him heard this and said to him, 'Surely we are not blind, are we?' ⁴¹ Jesus said to them, 'If you were blind, you would not have sin. But now that you say, "We see", your sin remains.

Reader: The Gospel of Christ.

All: **Praise to you, Lord Jesus Christ.**

Gospel Hymn (continued)

**When I'm in trouble, Lord, walk with me.
When I'm in trouble, Lord, walk with me.
When my head is bowed in sorrow,
Lord, I want Jesus to walk with me.**

Teaching

The Rev. Stephanie Shepard

The Apostle's Creed

Presider: Let us confess the faith of our baptism as we say,

**All: I believe in God, the Father almighty,
Creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the Holy Spirit
and born of the virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS OF THE PEOPLE

Leader: Let us pray to God for light and healing in the Church and in the world. To the bidding, 'Healer of our blindness', please respond, 'Hear our prayer.'

Give to the Church the perfect vision of truth and the will to serve it. Keep the gaze of our leaders firmly on you. We lift up Sarah the Archbishop of Canterbury, Shane our Primate, Chris the national indigenous Archbishop, John our Metropolitan and Archbishop, and all clergy and lay people. Open the eyes of the faithful to the faults that hinder our ministry and to the needs of those whom you make visible to us. Healer of our blindness,

All: Hear our prayer.

Leader: Lighten the darkness of our world where so many stumble and fall in the blindness of pride, false trust, greed, and misused power. We remember those people and places in conflict, danger, and disaster...
pause here...

When people doubt the divine love and are suspicious of the signs of its working, let the words of those who have known your grace overcome the voices of mistrust. Healer of our blindness,

All: Hear our prayer.

Leader: Strip from us the sin that prevents us looking farther than skin-deep. Cleanse us from racism, sexism, discrimination, and prejudice against those who are different from our experience. We celebrate the advances in equity for women and girls in work, education, and human rights but confess that there is much still to do to value every person in society. Healer of our blindness,

All: Hear our prayer.

Leader: Give to our families and to all the homes of this community the love that remains faithful in adversity. Let us not fear when hostility comes from outside, but in all our meetings with others may we speak the truth with boldness. Help us to recognize and witness to the blessings we receive in this life. Healer of our blindness,

All: Hear our prayer.

Leader: We pray for those who are in need of healing in body, mind, or spirit. We lift their names aloud or in silence... *pause here...*
Be the strength of those who live with physical challenges to their eyesight. Empower and guide those who work to treat afflictions of the eyes and spark their research and skills. Bless those who train and support guide animals and their human companions. Help us to advocate and work to create more inclusive and accessible spaces and events so that barriers to full participation may be overcome. Healer of our blindness,

All: Hear our prayer.

Leader: We remember the departed, whose sins have been washed away and who live now in heaven's light that will never fade. Grant that we may come to share with them the perfect vision of God. Healer of our blindness,

All: Hear our prayer.

Leader: May our prayers be accepted in the name of Christ, the light of the world.

All: Amen.

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

*You are invited to share a sign of God's peace with your neighbours,
respecting their comfort with distance and touch.*

THE HOLY COMMUNION

Offering Hymn

'God, Whose Almighty Word'

Common Praise 560 (tune Moscow)

**God, whose almighty Word chaos and darkness heard,
and took their flight;
hear us, we humbly pray, and, where the Gospel's day
sheds not its glorious ray, let there be light!**

**Saviour who came to bring on your redeeming wing
healing and sight,
health to the sick in mind, sight to the inly blind,
now for all humankind, let there be light!**

**Spirit of truth and love, life giving, holy Dove,
speed forth your flight;
move on the water's face bearing the lamp of grace,
and, in earth's darkest place, let there be light!**

**Gracious and holy Three, glorious Trinity,
wisdom, love, might,
boundless as ocean's tide, rolling in fullest pride,
through the world far and wide, let there be light!**

The Prayer over the Gifts

Presider: Let us pray,

All: God of light,

**Your Word brings us a new vision of your kingdom.
Accept our offering of praise and thanksgiving
Through Jesus Christ your Son our Lord. Amen.**

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Saviour Jesus Christ. You call your people to cleanse their hearts and prepare with joy for the paschal feast, that renewed in the gift of baptism, we may come to the fullness of your grace. And so, with choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Sanctus

Common Praise 683 (Merbecke)

**All: Holy, holy, holy, Lord, God of hosts.
Heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

Presider: God of our weary years, God of our silent tears, You have brought us this far along the way. In times of bitterness you did not abandon us, but guided us in to the path of love and light. In every age you sent prophets to make known your loving will for all humanity. The cry of the poor has become your own cry; our hunger and thirst for justice is your own desire. In the fullness of time, you sent your chosen servant to preach good news to the afflicted, to break bread with the outcast and despised, and to ransom those in bondage to prejudice and sin.

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: take and eat; this is my body, given for you. Do this for the remembrance of me. Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: this cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the

remembrance of me. For as often as we eat of this bread and drink from this cup, we proclaim the Lord's death until he comes.

All: Christ has died, Christ is risen, Christ will come again.

Presider: Remembering, therefore, his death and resurrection, we await the day when Jesus shall return to free all the earth from the bonds of slavery and death. Come, Lord Jesus! And let the Church say, Amen.

All: Amen.

Presider: Send your Holy Spirit, our advocate, to fill the hearts of all who share this bread and cup with courage and wisdom to pursue love and justice in all the world. Come, Spirit of freedom! And let the Church say, Amen.

All: Amen.

Presider: Join our prayers and praise with your prophets and martyrs of every age, that, rejoicing in the hope of the resurrection, we might live in the freedom and hope of your Son. Through him, with him, in him, in the unity of the Holy Spirit, all glory and honour is yours, almighty Father, now and forever.

All: Amen.

The Lord's Prayer

Presider: In the language closest to your heart, let us pray as Jesus taught us:
You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.

**Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our trespasses
as we forgive those who
trespass against us.
Lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory
for ever and ever. Amen.**

**Our Father in heaven,
Hallowed be your name.
Your kingdom come,
Your will be done
on earth as in heaven.
Give us this day our daily bread.
Forgive us our sins,
As we forgive those who
sin against us.
Save us from the time of trial
and deliver us from evil,
for the kingdom, the power,
and the glory are yours
now and forever. Amen**

Agnus Dei

Common Praise 685 (tune Merbecke)

**O Lamb of God, that takest away the sin of the world:
Have mercy upon us.**

**O Lamb of God, that takest away the sin of the world:
Have mercy upon us.**

**O Lamb of God, that takest away the sin of the world:
Grant us thy peace.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: **Thanks be to God.**

The Communion

You are invited to come forward to receive bread and wine. Gluten-free wafers are available. You receive the fullness of Christ's love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.

Hymn During Communion

'O Laughing Light'

Common Praise 18 (tune Phos Hilaron)

**O laughing Light, O first-born of creation,
Radiance of glory, light from light begotten,
God self-revealing, holy, bright and blessed:
You shine upon us.**

**Day's light is fragile; your light is eternal.
We look to you, our light within the shadows.
We sing to you, Creator, Christ, and Spirit:
You shine before us.**

**Light of the world, O Jesus, you are worthy!
Giver of life and Child of God, we praise you!
Hear as the universe proclaims your glory!
You shine among us.**

Anthem- HTC Choir
'This Ancient Love' VU 282

THE SENDING FORTH OF THE COMMUNITY

The Prayers after Communion

Presider: Let us pray:

**All: Father of All,
Through your goodness we receive your Son
in word and sacrament.
May we always have faith in him
to walk your way in the beauty of the light of Christ. Amen.**

The Announcements

Sending Hymn

'Here in this Place'

Common Praise 465 (tune Gather Us In)

**Here in this place, new light is streaming,
now is the darkness vanished away.
See, in this space, our fears and our dreamings,
brought here to you in the light of this day.
Gather us in - the lost and forsaken,
gather us in - the blind and the lame.
Call to us now, and we shall awaken,
we shall arise at the sound of our name.**

**We are the young - our lives are a mystery,
we are the old - who yearn for your face.
We have been sung throughout all of history,
called to be light to the whole human race.
Gather us in - the rich and the haughty,
gather us in - the proud and the strong.
Give us a heart so meek and so lowly,
give us the courage to enter the song.**

**Here we will take the wine and the water,
here we will take the bread of new birth.
Here you shall call your sons and your daughters,
call us anew to be salt for the earth.
Give us to drink the wine of compassion,
give us to eat the bread that is you.
Nourish us well, and teach us to fashion
lives that are holy and hearts that are true.**

**Not in the dark of buildings confining,
not in some heaven, light years away,
but here in this place, the new light is shining;
now is the Kingdom, now is the day.
Gather us in - and hold us forever,
gather us in - and make us your own.
Gather us in - all peoples together,
fire of love in our flesh and our bone.**

The Dismissal

Presider: Go in peace to love and serve the Lord

All: Thanks be to God.

Postlude

The liturgy is based on the Book of Alternative Services, and the Collect of the Day is taken from "Alternative Collects RCL", Anglican Church of Canada. The prayers of the people are adapted from "Hear Our Prayer: Gospel Based Intercessions" by Raymond Chapman.

HOLY WEEK IN NEW WESTMINSTER

Thursday April 2, 7:00 pm

Maundy Thursday supper and service at St. Barnabas

Friday April 3, 10:30-11:45 am

Good Friday service at Holy Trinity Cathedral

Friday April 3, 12 noon to 1 pm

"Cross Walk" Stations of the Cross around New Westminster,
beginning and ending at HTC

Saturday April 4, 7 pm

Easter Vigil service at St. Mary, Sapperton

Sunday April 5

Easter Sunday at Holy Trinity Cathedral!

7:30 am Lighting of the Easter Fire

8 am Traditional Easter Eucharist

9 am Light Easter Breakfast in the Lounge

10 am Choral Easter Eucharist

11:30 am Easter Egg Hunt for younger folk



Liturgical Ministers today

Greeter & worship assistant, 8:00 am:	Valerie Hobson
Greeters, 10 am:	Shawn Shenfield & Susan Switch
Reader:	Allison Clavelle
Chalice Administrators:	Alysia Ker & Sybil Collett
Presider:	the Rev. Stephanie Shepard
Server:	Greg Kennelly
Crucifer:	Linda Gravlin
Guest Musician:	Dean Thiessen

THIS WEEK AT HOLY TRINITY CATHEDRAL

Wednesday Midweek Eucharist, 9:30-10 am*

Wednesday Bible Study 10:30-11:30 am in the Lounge

Thursday Vespers 5:30-6 pm (online by Zoom)

Saturday Community Brunch, 11 am- noon in the Hall

Sunday BCP Eucharist, 8-9 am.*

Sunday Choral Eucharist, 10-11:15 am*

**live-streamed over Facebook.*

+ link through the weekly newsletter. Sign up on the website.

Go to <https://www.holytrinitycathedral.ca/events>.

Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.

Readings for Lent 5, March 22, 2026

Ezekiel 37:1-14; Psalm 130; Romans 8:6-11; John 11:1-45