

Lenten Feri

A Lenten Feria refers to any weekday during the season of Lent that is not a feast day or solemnity. These days are marked by quiet repentance, sobriety, and intensified prayer, focusing on the 40-day journey to Easter.

Readings for This Evening (BAS Daily Lectionary, Week of March 16–21):

- Psalm: Psalm 89:19–52
- Old Testament: Jeremiah 16:10–21
- Gospel: Mark 7:24–37

VESPERS

March 19, 2026

As members of a parish in the Diocese of New Westminster, we acknowledge that we are gathered from a variety of locations within the traditional and unceded ancestral territory of the Coast Salish people, including but not limited to, the halq'-emylém speaking Kwantlen, Kwikwetlem, Musqueam, Tseil-watuth, and Tsawwassen nations.

Officiant

Gathering

Welcome, everyone. As evening comes, we gather to rest in God's presence and reflect on the day.

Jesus Christ is the light of the world.
A light no darkness can extinguish.

Thanks be to God.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Confession

Leader:

Let us take a moment of silence to reflect on the day.

All:

Most merciful God,

we confess that we have sinned against you in thought, word, and deed.

**Forgive us, renew us, and lead us,
that we may delight in your will and walk in your ways.**

Amen.

Leader

May the God of mercy grant us forgiveness of our sins,
the grace to amend our lives,
and the strength of the Holy Spirit.

Amen.

The Psalm

Psalm 89:19-52;

Palmist:

Let us pray the psalm appointed for this evening

¹⁹ Of old thou didst speak in a vision
to thy faithful one, and say:

“I have set the crown^[e] upon one who is mighty,
I have exalted one chosen from the people.

²⁰ I have found David, my servant;
with my holy oil I have anointed him;

²¹ so that my hand shall ever abide with him,
my arm also shall strengthen him.

²² The enemy shall not outwit him,
the wicked shall not humble him.

²³ I will crush his foes before him
and strike down those who hate him.

Psalm 89:19-52;

24 My faithfulness and my steadfast love shall be with him,
and in my name shall his horn be exalted.

25 I will set his hand on the sea
and his right hand on the rivers.

26 He shall cry to me, 'Thou art my Father,
my God, and the Rock of my salvation.'

27 And I will make him the first-born,
the highest of the kings of the earth.

28 My steadfast love I will keep for him for ever,
and my covenant will stand firm for him.

29 I will establish his line for ever
and his throne as the days of the heavens.

30 If his children forsake my law
and do not walk according to my ordinances,

31 if they violate my statutes
and do not keep my commandments,

32 then I will punish their transgression with the rod
and their iniquity with scourges;

Psalm 89:19-52;

³³ but I will not remove from him my steadfast love,
or be false to my faithfulness.

³⁴ I will not violate my covenant,
or alter the word that went forth from my lips.

³⁵ Once for all I have sworn by my holiness;
I will not lie to David.

³⁶ His line shall endure for ever,
his throne as long as the sun before me.

³⁷ Like the moon it shall be established for ever;
it shall stand firm while the skies endure.

³⁸ But now thou hast cast off and rejected,
thou art full of wrath against thy anointed.

³⁹ Thou hast renounced the covenant with thy servant;
thou hast defiled his crown in the dust.

⁴⁰ Thou hast breached all his walls;
thou hast laid his strongholds in ruins.

Psalm 89:19-52;

- 41 All that pass by despoil him;
he has become the scorn of his neighbors.
- 42 Thou hast exalted the right hand of his foes;
thou hast made all his enemies rejoice.
- 43 Yea, thou hast turned back the edge of his sword,
and thou hast not made him stand in battle.
- 44 Thou hast removed the scepter from his hand,^[g]
and cast his throne to the ground.
- 45 Thou hast cut short the days of his youth;
thou hast covered him with shame.
- 46 How long, O Lord? Wilt thou hide thyself for ever?
How long will thy wrath burn like fire?
- 47 Remember, O Lord,^[h] what the measure of life is,
for what vanity thou hast created all the sons of men!
- 48 What man can live and never see death?
Who can deliver his soul from the power of Sheol?
- 49 Lord, where is thy steadfast love of old,
which by thy faithfulness thou didst swear to David?

Psalm 89:19-52;

⁵⁰ Remember, O Lord, how thy servant is scorned;
how I bear in my bosom the insults^[1] of the peoples,
⁵¹ with which thy enemies taunt, O Lord,
with which they mock the footsteps of thy anointed.
⁵² Blessed be the Lord for ever!

Amen and Amen.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be forever. Amen.**

The Readings

First Reading — Jeremiah 16:10–21

¹⁰ “And when you tell this people all these words, and they say to you, ‘Why has the Lord pronounced all this great evil against us? What is our iniquity? What is the sin that we have committed against the Lord our God?’ ¹¹ then you shall say to them: ‘Because your fathers have forsaken me, says the Lord, and have gone after other gods and have served and worshiped them, and have forsaken me and have not kept my law, ¹² and because you have done worse than your fathers, for behold, every one of you follows his stubborn evil will, refusing to listen to me; ¹³ therefore I will hurl you out of this land into a land which neither you nor your fathers have known, and there you shall serve other gods day and night, for I will show you no favor.’

The Readings

First Reading — Jeremiah 16:10–21

God Will Restore Israel

¹⁴ “Therefore, behold, the days are coming, says the Lord, when it shall no longer be said, ‘As the Lord lives who brought up the people of Israel out of the land of Egypt,’ ¹⁵ but ‘As the Lord lives who brought up the people of Israel out of the north country and out of all the countries where he had driven them.’ For I will bring them back to their own land which I gave to their fathers.

¹⁶ “Behold, I am sending for many fishers, says the Lord, and they shall catch them; and afterwards, I will send for many hunters, and they shall hunt them from every mountain and every hill, and out of the clefts of the rocks. ¹⁷ For my eyes are upon all their ways; they are not hidden from me, nor is their iniquity concealed from my eyes. ¹⁸ And I will doubly recompense their iniquity and their sin, because they have polluted my land with the carcasses of their detestable idols, and have filled my inheritance with their abominations.”

The Readings

First Reading — Jeremiah 16:10–21

- ¹⁹ O Lord, my strength and my stronghold, my refuge in the day of trouble, to thee shall the nations come from the ends of the earth and say:
“Our fathers have inherited nought but lies, worthless things in which there is no profit.
- ²⁰ Can man make for himself gods?
Such are no gods!”
- ²¹ “Therefore, behold, I will make them know, this once I will make them know my power and my might, and they shall know that my name is the Lord.”
The word of the Lord.

Thanks be to God.

Readings

Second Reading — Gospel — Mark 7:24–37

The Syrophenician Woman's Faith

²⁴ And from there he arose and went away to the region of Tyre and Sidon. And he entered a house and would not have anyone know it; yet he could not be hidden. ²⁵ But immediately a woman, whose little daughter was possessed by an unclean spirit, heard of him, and came and fell down at his feet. ²⁶ Now the woman was a Greek, a Syrophenician by birth. And she begged him to cast the demon out of her daughter. ²⁷ And he said to her, “Let the children first be fed, for it is not right to take the children’s bread and throw it to the dogs.” ²⁸ But she answered him, “Yes, Lord; yet even the dogs under the table eat the children’s crumbs.” ²⁹ And he said to her, “For this saying you may go your way; the demon has left your daughter.” ³⁰ And she went home, and found the child lying in bed, and the demon gone.

Readings

Second Reading — Gospel — Mark 7:24–37

Jesus Cures a Deaf Man

³¹ Then he returned from the region of Tyre, and went through Sidon to the Sea of Galilee, through the region of the Decapolis. ³² And they brought to him a man who was deaf and had an impediment in his speech; and they besought him to lay his hand upon him. ³³ And taking him aside from the multitude privately, he put his fingers into his ears, and he spat and touched his tongue; ³⁴ and looking up to heaven, he sighed, and said to him, “Ephphatha,” that is, “Be opened.” ³⁵ And his ears were opened, his tongue was released, and he spoke plainly. ³⁶ And he charged them to tell no one; but the more he charged them, the more zealously they proclaimed it. ³⁷ And they were astonished beyond measure, saying, “He has done all things well; he even makes the deaf hear and the dumb speak.”

The Gospel of Christ.

All: Thanks be to God.

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Affirmation of Faith

Let us affirm our faith as we recite “Hear, O Israel”.

**Hear, O Israel,
the Lord our God, the Lord is one.**

**Love the Lord your God with all your heart,
with all your soul, with all your mind,
and with all your strength.**

**This is the first and the great commandment.
The second is like it:
Love your neighbor as yourself.**

There is no commandment greater than these.

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Intercessions, Petitions & Thanksgivings

Reader:

Let us pray to God for light and healing in the Church and in the world. To the bidding, 'Healer of our blindness', please respond, 'Hear our prayer.'

Lighten the darkness of our world where so many stumble and fall in the blindness of pride, false trust, greed, and misused power. We remember those people and places in conflict, danger, and disaster... pause here... When people doubt the divine love and are suspicious of the signs of its working, let the words of those who have known your grace overcome the voices of mistrust. Healer of our blindness,

Hear our prayer.

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Intercessions, Petitions & Thanksgivings

Hear our prayer.

Strip from us the sin that prevents us looking farther than skin-deep. Cleanse us from racism, sexism, discrimination, and prejudice against those who are different from our experience.

We celebrate the advances in equity for women and girls in work, education, and human rights but confess that there is much still to do to value every person in society. Healer of our blindness,

Hear our prayer.

Give to our families and to all the homes of this community the love that remains faithful in adversity. Let us not fear when hostility comes from outside, but in all our meetings with others may we speak the truth with boldness. Help us to recognize and witness to the blessings we receive in this life. Healer of our blindness, .

Hear our prayer.

Officiant

Intercessions, Petitions & Thanksgivings

We pray for those who need healing in body, mind, or spirit. We lift their names aloud or in silence... pause here...

Help us to advocate and work to create more inclusive and accessible spaces and events so that barriers to full participation may be overcome.

Healer of our blindness,

Hear our prayer.

We remember the departed, whose sins have been washed away and who live now in heaven's light that will never fade. Grant that we may come to share with them the perfect vision of God. Healer of our blindness,

Hear our prayer.

May our prayers be accepted in the name of Christ, the light of the world.

Amen.

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The Collect

Almighty and everlasting God, you despise nothing you have made and forgive the sins of all who are penitent.

Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our brokenness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever.

Amen.

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The Lord's Prayer

Believing in the promises of God, as our Saviour taught us, so we pray:

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread,
and forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever.
Amen.**

The Sending

Deacon, Presider
Forth

Let us go forth into the night, rejoicing in the power of the Spirit.

Thanks be to God.

Presider

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit.

Amen.