

September 16, 2026
9:30 am Wednesday Eucharist
St. Ninian of Galloway

Today we celebrate the first to preach the gospel to the wilds of western Scotland. Ninian was born in England, then a province of the Roman Empire, and spent many years in centres of Christian culture in Gaul and Rome. But returning to the outpost of civilization marked by Hadrian's Wall, Ninian overcame the barriers to head into barbarian territory to the enemies of his culture. He established a base called the White House in Galloway, where Whithorn now stands. Ninian's mission provides an important link between the Roman and Celtic strands of the Church.

THE GATHERING OF THE COMMUNITY

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

All: And also with you.

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

All: May Christ lead us on right pathways as we seek truth and reconciliation in action.

Presider: Let us pray,

**All: High Sovereign of all creation,
grant us grace to follow your holy servant Ninian
in surmounting every wall of prejudice,
that the glad tidings of Christ
may be heard and accepted in every language,
culture, and community throughout the wide earth.
We ask this in the name of Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit,
One God, now and forever. Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Romans 10:14-17

Reader: A reading from Paul's Letter to the Romans,

¹⁴ But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? ¹⁵ And how are they to proclaim him unless they are sent? As it is written, 'How beautiful are the feet of those who bring good news!' ¹⁶ But not all have obeyed the good news; for Isaiah says, 'Lord, who has believed our message?' ¹⁷ So faith comes from what is heard, and what is heard comes through the word of Christ.

Holy Word, Holy Wisdom.

All: Thanks be to God.

Canticle 6- Isaiah 55:6-11 (said responsively)

⁶ Seek the LORD while he may be found,
call upon him while he is near;

⁷ let the wicked forsake their way, and the unrighteous their thoughts;
**let them return to the LORD, that he may have mercy on them,
and to our God, for he will abundantly pardon.**

⁸ For my thoughts are not your thoughts,
nor are your ways my ways, says the LORD.

⁹ For as the heavens are higher than the earth,
**so are my ways higher than your ways
and my thoughts than your thoughts.**

¹⁰ For as the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

**making it bring forth and sprout,
giving seed to the sower and bread to the eater,**

¹¹ so shall my word be that goes out from my mouth;
it shall not return to me empty,
**but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.**

The Gospel: Matthew 28:16-20

Reader: The Lord be with you.

All: And also with you.

Reader: The Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you Lord, Jesus Christ.

¹⁶ Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. ¹⁷ When they saw him, they worshipped him; but some doubted. ¹⁸ And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. ¹⁹ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Reflection

THE PRAYERS OF THE COMMUNITY

*A member of the community invites us to bring our concerns and
thanksgivings before God.*

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

You are invited to share a sign of God's peace with your neighbours, respecting their comfort with touch.

THE HOLY COMMUNION

Prayer over the Gifts

Presider: Let us pray,

**All: Source and Giver of redemption,
grant us so to hear and speak your Word,
that in company with your blessed servant Ninian,
we may render this holy service by faith in your mercy
and with confidence in your love.
We ask this through Jesus Christ our Lord. Amen.**

the Great Thanksgiving

EP 3

Presider: The Lord be with you.

All: And also with you.

Presider: Lift up your hearts.

All: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Presider: God of power and might you spoke the Word and all that is in heaven and on the earth came to be. Your Spirit hovered over the primal elements, and you brought forth life in forms innumerable, including this fragile earth and ourselves, our souls, and bodies. As our past is in you, so our hope for the future rests with you. As we have turned from your way, so we

turn again to the warmth of your love. Through you all things are brought to new life. And so with all creation, we raise our voices to proclaim your great and glorious name:

**All: Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest.**

Presider: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,

**All: we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Presider: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

All: Amen.

The Lord's Prayer

In the language closest to your heart, let us pray as Jesus taught us:
*(please use the traditional version or another language
you use for prayer if you desire)*

**All: Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread. Forgive us our sins,
as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power and glory are yours
now and for ever. Amen.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking

to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: Thanks be to God.

All who are drawn to Christ are welcome at this table. Bread and wine are shared, but receiving in one kind carries the fullness of Christ's presence. You may also come forward for a blessing instead.

Prayer after Communion

Presider: Let us pray,

**All: O Lord our God,
strengthen our wills and kindle our faith
by the remembrance of Ninian and all your saints,
that we may share the riches of your love
and make the earth be glad with the tidings
of our Saviour Jesus Christ, in whose name we pray.
Amen.**

Presider: Glory to God,

**All: whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church, and in Christ Jesus,
now and for ever. Amen.**

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: Thanks be to God.

Readings for Pentecost 17, Sunday September 20, 2026

Exodus 16:2-15; Psalm 105:37-45; Philippians 1:21-30;
Matthew 20:1-16



THIS WEEK AT HOLY TRINITY CATHEDRAL

Tonight

Parish Council Meeting, 6:30-8 pm, online by Zoom

Thursday

Vespers, 5:30-6 pm online by Zoom+

Saturday

Community Brunch, 11 am-noon in the Upper Hall

Sunday

BCP Eucharist, 8-9 am. *

Choral Eucharist, 10-11:15 am*

Tuesday

“Anglican Building Blocks”, 7-8:30 pm in the Lounge

This week: “People of the Book(s)”

Wednesday

Midweek Eucharist 9:30-10 am*

Followed by Bible Study 10:30-11:30 am in Lounge

+ *link available by signing up for the weekly newsletter on*
www.holytrinitycathedral.ca

**live-streamed over Facebook. You can also find the service feed through the event heading at* www.holytrinitycathedral.ca

TO CONTACT THE PARISH OFFICE:

email administrator@holytrinitycathedral.ca

514 Carnarvon, New Westminster or phone 604-521-2511

email the Rev. Stephanie Shepard stephanie@holytrinitycathedral.ca