



WE ACKNOWLEDGE THAT AS A PARISH OF THE DIOCESE OF NEW WESTMINSTER,
WE GATHER ON THE TRADITIONAL AND UNSURRENDERED TERRITORY OF THE
HALQ'EMELYN-SPEAKING COAST SALISH PEOPLES, INCLUDING BUT NOT LIMITED TO
THE q̓w̓a:ńłəń (KWANTLEN), QAYQAYT, k̓w̓ik̓w̓əłəm (KWIKWETLEM), x̓w̓məθk̓w̓əy̓əm
(MUSQUEAM), səliłwətał (TSEIL-WAUTUTH), AND sts'əwaθən məstejəx̓w̓ (TSAWWASSEN).
WE SEEK TO WALK A PATH OF RECONCILIATION AND HEALING.

**10 am Eucharist
Pentecost 18
27 September 2026**

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*Whether you have been a lifelong Anglican or are new to our tradition, we welcome you this morning! If you are not familiar with Anglican worship, simply allow the words, music and symbols to speak to you. Participate as fully as you feel comfortable in doing. We stand to sing and sit to listen. Some people kneel for prayer, some sit and some stand. Please do what is comfortable for you. You are invited to join in the words in **bold type**. Music for the songs is found in the blue Common Praise or green Songs for a Gospel People hymnbooks in the pews.*

Prelude

Welcome

THE GATHERING OF THE COMMUNITY

Gathering Hymn

'We'll Sing in the Morning'

Common Praise 37 (tune Bells of St. Marys)

**We'll sing in the morning a song of creation,
Of your breath that stirs up the waters to birth;
And here at the fount of Christ's mercy we join you,
Co-heirs of heaven and stewards of your gracious earth.**

**We'll sing in the noontime a song of redemption:
How Naaman was cleansed in the flow of your grace;
How, when we were sick, in our sin you released us
To laugh in health and dance in love before your face.**

**We'll sing in the evening a song of your pastures,
Of rivers that gladden the city of God;
And when we arrive on the bank of our Jordan,
You'll help us through its cold by fords your saints have trod.**

Greeting

Presider: The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all.

People: **And also with you.**

Presider: We gather here from many places on land that is the traditional and unsundered territory of the Halq'emeyn-speaking Coast Salish peoples.

People: **May Christ lead us on right pathways as we seek truth and reconciliation in action.**

The Gloria (sung 3 times)
Common Praise 376 (tune Taizé)

Gloria, gloria, in excelsis Deo!
Gloria, gloria, alleluia, alleluia!

Young People's Time

The Collect of the Day

Presider: Let us pray,

**All: God of our salvation,
we falter before the demands of your word
and turn away from your call to life.
As you showed mercy to your people of old,
pour out your mercy on us,
so that we may turn from our sinfulness
and walk the path of self-emptying love
made known in Jesus Christ,
who lives and reigns with you and the Holy Spirit,
one God, now and forever. Amen.**

THE PROCLAMATION OF THE WORD

The First Reading: Exodus 17:1-7

Reader: A reading from the Book of Exodus,

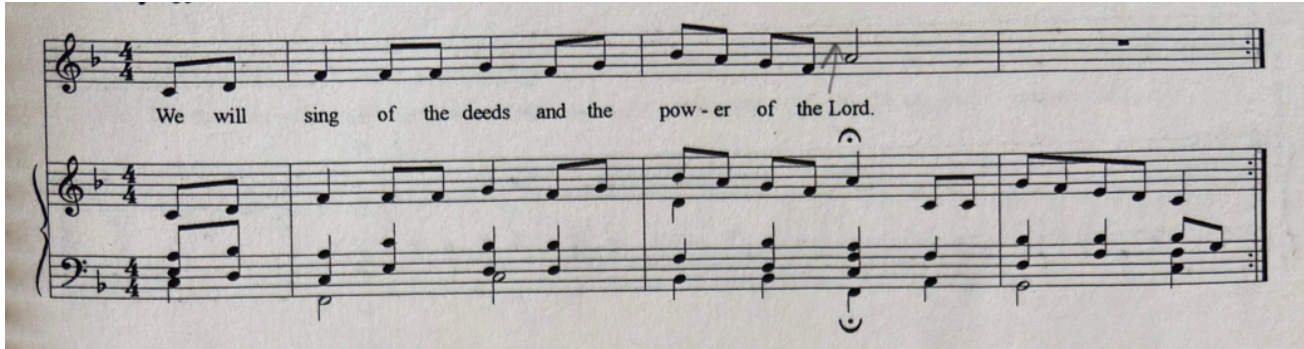
From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the LORD?' ³ But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' ⁴ So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' ⁵ The LORD said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel.

⁷ He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, 'Is the LORD among us or not?'

Reader: Holy Word, Holy Wisdom.

All: **Thanks be to God.**

The Psalm: 78:1-4 & 12-16



Here my teaching O my people;
Incline your ears to the words of my mouth.
I will open my mouth in a parable;
I will declare the mysteries of ancient times.

That which we have heard and known, and what our forefathers have told us
We will not hide from their children.
We will recount to generations to come the praiseworthy deeds,
and the power of the Lord,
And the wonderful works he has done.

He worked marvels in the sight of their forefathers,
In the land of Egypt, in the field of Zoan.
He split open the sea and let them pass through;
He made the waters stand up like walls.

He led them with a cloud by day,
And all the night through with a glow of fire.

He split the hard rocks in the wilderness
And gave them drink as from the great deep.
He brought streams out of the cliff,
And the waters gushed out like rivers.

The Second Reading: Philippians 2:1-13

Reader: A reading from Paul's Letter to the Philippians,

If then there is any encouragement in Christ, any consolation from love, any sharing in the Spirit, any compassion and sympathy, ² make my joy complete: be of the same mind, having the same love, being in full accord and of one mind. ³ Do nothing from selfish ambition or conceit, but in humility regard others as better than yourselves. ⁴ Let each of you look not to your own interests, but to the interests of others. ⁵ Let the same mind be in you that was in Christ Jesus,

⁶ who, though he was in the form of God,
did not regard equality with God as something to be exploited,
⁷ but emptied himself, taking the form of a slave,
being born in human likeness. And being found in human form,
⁸ he humbled himself and became obedient to the point of death—
even death on a cross.

⁹ Therefore God also highly exalted him and gave him the name
that is above every name,

¹⁰ so that at the name of Jesus every knee should bend,
in heaven and on earth and under the earth,

¹¹ and every tongue should confess that Jesus Christ is Lord,
to the glory of God the Father.

¹² Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling; ¹³ for it is God who is at work in you, enabling you both to will and to work for his good pleasure.

Reader: Holy Word, Holy Wisdom.

All: Thanks be to God.

Gospel Hymn

'Filled with the Spirit's Power'

Common Praise 658 (tune Sheldonian)

**Filled with the Spirit's power, with one accord
the infant Church confessed its risen Lord.
O Holy Spirit, in the church today
no less your power of fellowship display.**

**Now with the mind of Christ set us on fire,
that unity may be our great desire.
Give joy and peace, give faith to bear your call,
and readiness in each to work for all.**

The Gospel: Matthew 21:23-32

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ according to Matthew.

All: Glory to you, Lord Jesus Christ.

²³ When Jesus entered the temple, the chief priests and the elders of the people came to him as he was teaching, and said, 'By what authority are you doing these things, and who gave you this authority?' ²⁴ Jesus said to them, 'I will also ask you one question; if you tell me the answer, then I will also tell you by what authority I do these things. ²⁵ Did the baptism of John come from heaven, or was it of human origin?' And they argued with one another, 'If we say, "From heaven", he will say to us, "Why then did you not believe him?" ²⁶ But if we say, "Of human origin", we are afraid of the crowd; for all regard John as a prophet.' ²⁷ So they answered Jesus, 'We do not know.' And he said to them, 'Neither will I tell you by what authority I am doing these things.

²⁸ 'What do you think? A man had two sons; he went to the first and said, "Son, go and work in the vineyard today." ²⁹ He answered, "I will not"; but later he changed his mind and went. ³⁰ The father^[a] went to the second and said the same; and he answered, "I go, sir"; but he did not go. ³¹ Which of the two did the will of his father?' They said, 'The first.' Jesus said to them, 'Truly I tell you, the tax-collectors and the prostitutes are going into the kingdom of God ahead of you.

³² For John came to you in the way of righteousness and you did not believe him, but the tax-collectors and the prostitutes believed him; and even after you saw it, you did not change your minds and believe him.

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

Gospel Hymn continued

**Widen our love, good Spirit to embrace,
in your strong care people of every race.
Like wind and fire with life among us move,
till we are known as Christ's, and Christians prove.**

Teaching

The Rev. Stephanie Shepard

The Apostles' Creed

Presider: Let us confess the faith of our baptism as we say,

**All: I believe in God, the Father Almighty,
Creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord,
He was conceived by the power of the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of God the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers of the People

Leader: Let us pray that God's will be done in the Church and all the world. To the bidding, "Heavenly Father" please respond, "help us do your bidding."

Grant that members of the Christian Church, knowing the source of all power and authority, may humbly obey and cheerfully serve in their various callings. We lift up Sarah Archbishop of Canterbury, Shane our Primate, Chris our national indigenous archbishop, John our diocesan, and bishop Benny of Northern Philippines. We pray for indigenous leaders and the work of the Sacred Circle of the Anglican Church of Canada. Keep us all faithful in work and worship. Heavenly Father,

All: Help us do your bidding.

Leader: Look with mercy on a world where stubborn hearts turn away from truth and refuse the challenge of reconciliation. We honour the pain and sacrifice of ancestors on this land, and all who have come to settle and live alongside the original stewards of creation. May there be integrity in keeping promises and agreements when they are made between nations and individuals. Heavenly Father,

All: Help us do your bidding.

Leader: Keep us faithful to our promises and honest in our dealings. Give us the courage to work on loving relationships with our families, our friends, and our neighbours. Heavenly Father,

All: Help us do your bidding.

Leader: Have compassion on all who feel let down by those they have trusted. Forgive us for the times when we have said we would do something and then failed to follow through. Come to us when we have faltered in our duty to love and serve and show us the way to repent and return to you. Heavenly Father,

All: Help us do your bidding.

Leader: We pray for all who are in need of healing of body, mind, and spirit. We name those on our hearts either silently or aloud at this time... Restore all who long for wellbeing, belonging, and dignity in your human family. Heavenly Father,

All: Help us do your bidding.

Leader: We remember all those who have died, and those who grieve. May your Spirit be a gentle presence especially to the families of those who are missing, who met their death by violence, or who found life too difficult to continue. Give your healing strength to all who still walk this earth, that we may care for each other as brothers and sisters.

All: Help us do your bidding.

Leader: May our prayers be the prayers of faithful children, offered in the name of our brother Jesus.

All: Amen.

The Absolution

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord.

All: Amen.

The Exchange of the Peace

Presider: May the peace of the Lord be always with you.

All: And also with you.

You are invited to share a sign of God's peace with your neighbours, respecting their comfort with distance and touch.

THE HOLY COMMUNION

Offering Hymn

'Sister, Let Me Be Your Servant'

Common Praise 500 (tune Servant Song)

**Sister, let me be your servant, let me be as Christ to you;
pray that I may have the grace to let you be my servant too.**

**We are pilgrims on a journey, fellow travellers on the road;
we are here to help each other walk the mile and bear the load.**

**I will hold the Christ-light for you in the night-time of your fear;
I will hold my hand out to you, speak the peace you long to hear.**

**I will weep when you are weeping; when you laugh I'll laugh with you.
I will share your joy and sorrow till we've seen this journey through.**

**When we sing to God in heaven, we shall find such harmony,
born of all we've known together of Christ's love and agony.**

**Brother, let me be your servant, let me be as Christ to you;
pray that I may have the grace to let you be my servant too.**

The Prayer over the Gifts

Presider: Let us pray,

**All: Eternal God,
In Jesus Christ we behold your glory.
Receive the offering of your people gathered before you,
And open our hearts and mouths
To praise your great salvation,
The same Jesus Christ our Lord. Amen.**

The Great Thanksgiving

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: God of power and might you spoke the Word and all that is in heaven and on the earth came to be. Your Spirit hovered over the primal elements, and you brought forth life in forms innumerable, including this fragile earth and ourselves, our souls, and bodies. As our past is in you, so our hope for the future rests with you. As we have turned from your way, so we turn again to the warmth of your love. Through you all things are brought to new life. And so with all creation, we raise our voices to proclaim your great and glorious name:

Sanctus

Songs for a Gospel People 117 (Land of Rest)

**All: Holy, holy, holy Lord.
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest!
Blessed is the One who comes in the name of the Lord.
Hosanna in the highest, hosanna in the highest!**

Presider: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace.

But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

**All: Christ has died.
Christ is risen.
Christ will come again.**

Presider: Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

All: Amen.

The Lord's Prayer

Presider: In the language closest to your heart,
let us pray as Jesus taught us:

You are invited to use either the traditional or contemporary version in English or the language you find most helpful for prayer.

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us today our daily bread. Forgive us our trespasses as we forgive those who trespass against us. Lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory for ever and ever. Amen.	Our Father in heaven, Hallowed be your name. Your kingdom come, Your will be done on earth as in heaven. Give us this day our daily bread. Forgive us our sins, As we forgive those who sin against us. Save us from the time of trial and deliver us from evil, for the kingdom, the power, and the glory are yours now and forever. Amen
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Fraction Hymn

Common Praise 63 (Eat this Bread)

**Eat this bread, drink this cup:
Come to me and never be hungry.
Eat this bread, drink this cup:
Trust in me and you will not thirst.**

Presider: Dear friends in Christ, God bids you welcome to this table. Here we are strengthened for the journey. Here strangers become friends and the seeker finds God's wisdom speaking to them. See who you are and become what you see. These are the gifts of God for the people of God.

People: Thanks be to God.

The Communion

You are invited to come forward to receive bread and wine. Low gluten wafers are available. You receive the fullness of Christ's love if you prefer to take one kind (just the bread or the wine). If you would prefer to have a blessing, please let the priest know.

During Communion

'Jesus to Your Table Led'

Songs for a Gospel People 15 (green book)

**Jesus to your table led,
Now let every heart be fed
With the true and living bread.**

**When we taste the mystic wine,
Of your outpoured blood the sign,
Fill our hearts with love divine.**

**While upon your cross we gaze,
Mourning o'er our sinful ways,
Turn our sadness into praise.**

**Draw us to your wounded side,
Whence there flowed the healing tide,
There our sins and sorrows hide.**

**From the bonds of sin release;
Cold and wavering faith increase;
Lamb of God, grant us your peace.**

**Anthem- HTC Choir
'Lion and Lamb' by Patrick Wedd**

THE SENDING FORTH OF THE COMMUNITY

The Prayers after Communion

Presider: Let us pray:

**All: God in heaven,
Strengthen the unity of your Church,
So that we who have been fed with holy things
May fulfill your will in the world.
We ask this in the name of Jesus Christ our Lord. Amen.**

Presider: Glory to God,

**All: Whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, now and forever. Amen.**

Announcements

Sending Hymn

*'God of Grace and God of Glory'
Common Praise 577 (Cwm Rhondda)*

**God of grace and God of glory,
on your people pour your power.
now fulfil your church's story,
bring its bud to glorious flower.
Grant us wisdom, grant us courage,
for the facing of this hour,
for the facing of this hour.**

**Lo! the hosts of evil 'round us,
scorn your Christ, assail his ways.
Fears and doubts too long have bound us,
free our hearts to work and praise.
Grant us wisdom, grant us courage,
for the living of these days,
for the living of these days.**

Cure your children's warring madness.
Bend our pride to your control.
Shame our wanton selfish gladness,
rich in goods and poor in soul.
Grant us wisdom, grant us courage,
lest we miss your kingdom's goal,
lest we miss your kingdom's goal.

Set our feet on lofty places;
gird our lives that they may be,
armoured with all Christ-like graces
in the fight for liberty.
Grant us wisdom, grant us courage,
lest we fail ourselves and thee,
lest we fail ourselves and thee.

The Dismissal

Presider: Go in peace to love and serve the Lord.

All: Thanks be to God.

Postlude

The Collects and Prayers of the People are from "Hear Our Prayer: Gospel-based intercessions" by Raymond Chapman, c2003.



Liturgical Ministers today

Greeter & worship assistant, 8:00 am:	Volunteer
Greeters, 10 am:	Gerry Stensgaard & Shawn Shenfield
Reader:	Anne Parker
Chalice Administrators:	Carol Murdoch & Susan Stensgaard
Presider & Preacher:	The Rev. Stephanie Shepard
Server & Crucifer:	Linda Gravlin
Music Director:	Nathan Badue
	& the Holy Trinity Cathedral Choir

THIS WEEK AT HOLY TRINITY CATHEDRAL

Tuesday 'Anglican Building Blocks: Sacrament' 7-8:30 pm

Wednesday Midweek Eucharist, 9:30-10 am*

Wednesday Fellowship Time, 10-10:30 am in the Lounge

Wednesday Bible Study, 10:30-11:30 am in the Lounge

Thursday Vespers, 5:30-6 pm online by Zoom+

Saturday Community Brunch, 11 am- noon in the Hall

Sunday BCP Eucharist, 8-9 am.*

Sunday Choral Eucharist, 10-11:15 am.*

**live-streamed over Facebook.*

+ link through the weekly newsletter. Sign up on the website.

Go to <https://www.holytrinitycathedral.ca/events>.

Click on the photo of the service. This will take you to Facebook. A box will come up asking for your Facebook login. Click the X on the right upper corner of the box. If you do not have Facebook you should be able to watch from the HTC site.

Next Sunday's Readings for St. Francis Day, October 4, 2026:

Galatians 6:14-18; Psalm 148; Matthew 11:25-30